

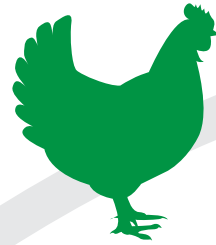
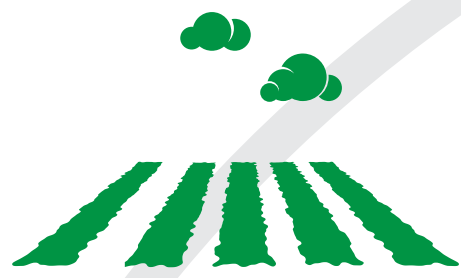
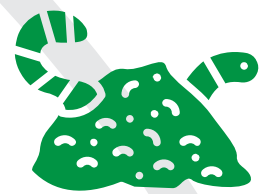
# Examples of 5 Resources



## 1. NATURAL

Natural resources are the natural elements around us that we must nurture so we can use them to better our situation.

*Soil, forests, land, water, plant and animal diversity, locally-available fencing materials*



## 2. HUMAN

Human resources are the capabilities possessed by us and our community.

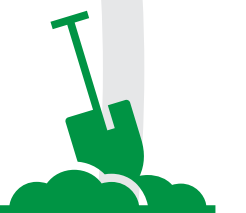
*Our knowledge and skills, our good health and nutrition, the skills and health of our family or community members*



## 3. SOCIAL

Social resources are our connections to other people, our membership in groups, and our ability to barter and benefit from the people around us.

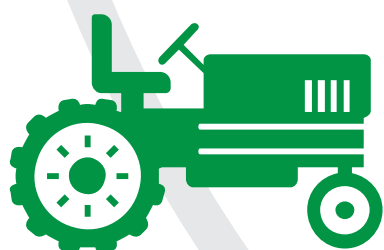
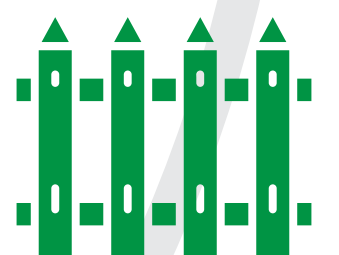
*Religious groups, savings groups, community groups, collective land clearing or transporting vegetables to market, good relationships within our community*



## 4. PHYSICAL

Physical resources are the infrastructure or things around us that help us achieve our goals.

*Tools, equipment, machinery, buildings, other built resources*



## 5. FINANCIAL

Financial resources are the money or wealth you have.

*Cash, savings, credit, assets available for selling*

